

# Multicultural Treatment Issues

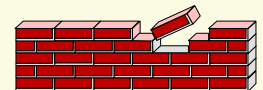
*Deborah Haskins, Ph.D., Loyola College, Joanna Franklin-Trimeridian Inc.*



Treatment Must Always Take Place Within the Context of the Client's Culture.

Key: Provide culturally competent gambling counseling by adapting traditional strategies and incorporating ethnic/cultural worldview perspectives into the helping process.

Pay attention to Help Seeking Attitudes



# Multicultural Treatment Issues



Examine your own position: eurocentrism, ethnocentrism, what is your social identity?

In what ways has this client experienced oppression in society?

Understand the socio-economic-political history of your clients.

Is gambling motivated by these factors- is it used as a “hope” or strategy?

# Multicultural Treatment Issues



Understand the acculturation process; build it into the assessment process; reason for migration, language, occupational status in country of origin vs. country of residence.

Is gambling part of the acculturation adaptation process/ struggle?

# Multicultural Treatment Issues



## Individualism vs. Collectivism Treatment Model

### Questions for the Assessment (Helpline):



What do family/church members/friends think about your gambling?



If religious, does your pastor know? What would be your churches response?



How does your culture/family/community usually resolve problems/crises?



How can you best access a support system?



Is there someone who will support your recovery?

# Multicultural Treatment Issues



☰ If gambling activity is normal within your culture what will you change to reduce harm?

☰ Describe the difficulty of seeking help outside of your family/cultural community.

Latinos: machismo, marianismo values

☰ In what ways, is gambling used to provide for family as part of machismo?

If so, help client see HOW gambling reduces ability to maintain machismo identity- no money, lost job, impaired family relationships etc.

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In what ways does marianismo enable gambling?

“Long suffering” like the Madonna?

Help client see short term and long term effects to self, especially on children.

Marianismo commands a woman to nurture children; woman has the “power” in the family as manager of children and home.

How are you using this responsibility?



# Multicultural Treatment Issues



## **Look for the person with the power.**

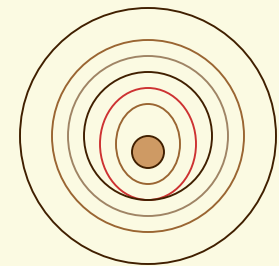
- Who is the family spokesperson?
- Does the family allow for one person to speak at a time, or do they interrupt each other?
- Is this the whole family or is a key person missing from the session?
- Has the therapist “joined” the family? Trust?
- When do you raise the issue of race-Yours?
- What does the family want from the process?  
What does the gambler want?

# Multicultural Treatment Issues



Be prepared to work in Multi-System Levels

1. Individual
2. Subsystems
3. Family Household
4. Extended Family
5. Nonblood kin and Friends
6. Church and Community Resources
7. Social Service Agencies and other outside systems



# Multicultural Treatment Issues



- To whom do you go for advice?
- To whom would you listen for help with this problem?
- To whom would your children listen?
- Who helps you out with the children?
- Have you experienced recent losses within the extended family, nonbloodkin network?
- How Many people have stayed with you including overnight in the last year?
- Do many people turn to you for help?

# Multicultural Treatment Issues



1. Joining and engaging new subsystems
  - establishing trust
2. Initial Assessment
3. Problem Solving
4. Family Enactment
  - prescriptions and tasks
5. Information Gathering: genogram
6. Restructuring the family and the subsystem